		Grassificie Gallop	J 10K Norale Walk Nesalts	`	00,2010
Bib	Name	AG	Club	Time	Rank
1101	Ray Robinson	Male 40-49	Caerleon Running Club	1:10:47,0	1.
1094	Bartosz Piotrowicz	Male Open	Nordic Walking Lytham St Annes	1:16:26,0	2.
1093	Ewa Piotrowicz	Female Open	Nordic Walking Lytham St Annes	1:16:33,0	3.
1128	Paula Waring	Female 50-59		1:16:54,0	4.
1044	David Graham	Male 40-49	Dalesway Nordic Walking	1:17:00,0	5.
1008	Philip Astley-Jones	Male 50-59	Nordic Walking Lytham St Annes	1:18:05,0	6.
1115	Nicola Sproson	Female 40-49	Nics Nordic Walks	1:19:09,0	7.
1090	Heidi Parkinson	Female 40-49	Nics Nordic Walks	1:20:00,0	8.
1012	Carolyn Beiert	Female 50-59	South Liverpool Nordic Walking	1:20:42,0	9.
1050	Andrew Harrison	Male 40-49	Nordic walking preston	1:21:24,0	10.
1122	Jane Thomas	Female 50-59	Dalesway Nordic Walking	1:22:09,0	11.
1040	Andy Forrest	Male 50-59	COLT	1:22:24,0	12.
1037	Jane Ferris	Female 40-49	Nics Nordic Walks	1:22:37,0	13.
1100	Rosalind Ridings	Female 50-59	St Anne's Stepping Out Club	1:22:37,0	14.
1114	Gabriella Spedding	Female 40-49	Loose Moose! Nordic Walking	1:23:17,0	15.
1046	Ronald Green	Male 60-69		1:23:54,0	16.
1087	Georgina Morton	Female 50-59	Mor-toned	1:25:13,0	17.
1084	Denise Mckenzie	Female 50-59		1:25:51,0	18.
1024	David Cooper	Male 50-59	Havering Nordic Walkers	1:27:15,0	19.
1127	Kathryn Ward	Female 50-59	Wyre Nordic Walking	1:28:23,0	20.
1041	Linda Frankland	Female 50-59	No club	1:28:32,0	21.
1014	Deborah Bevis	Female 60-69	Lytham St Annes Nordic walking	1:29:34,0	22.
1045	Rebecca Greaves	Female Open	Nordic Walking Wyre	1:30:37,0	23.
1007	Yvonne Astley-Jones	Female 50-59	Nordic Walking Lytham St Annes	1:30:43,0	24.
1039	Gillian Finn	Female 50-59	Nordic walking preston	1:30:54,0	25.
1109	Mandy Sinclair	Female 40-49	Kerley's Nordic Woodland Walking	1:32:29,0	26.
1048	John Hare	Male 70+	Team Mor-toned	1:32:39,0	27.
1051	Penny Hassall	Female 60-69	Kerley's Nordic Woodland Walking	1:33:20,0	28.
1015	Deborah Bilton	Female 50-59	Havering Nordic Walkers	1:33:49,0	29.
1125	Dawn Wade	Female 50-59	Dalesway Nordic Walking	1:33:59,0	30.
1001	Martin Ainscow	Male 50-59	Nordic Nuts	1:35:25,0	31.
1056	Nancy Holland	Female 60-69	Havering Nordic Walkers	1:35:36,0	32.
1057	Kenneth Holland	Male 60-69	Havering Nordic Walkers	1:35:37,0	33.
1022	Sue Clarke	Female 50-59	Coreconcept Mid Derbys	1:35:54,0	34.
1027	Marina Davies	Female 50-59	Dalesway Nordic Walking	1:36:01,0	36.
1043	Angela Graham	Female 50-59	Dalesway Nordic Walking	1:36:01,0	35.
1038	Lesley Finch	Female 60-69	Nordic walking preston	1:36:07,0	37.
1059	Lindsay Hudd	Female 40-49	0	1:36:19,0	38.
1107	Annie Shadrake	Female 50-59		1:36:21,0	39.
1034	Malcolm Duckworth	Male 60-69	Preston Nordic Walking	1:37:01,0	40.
1042	Lenka Gibbs	Female 40-49	Nordic walking preston	1:37:56,0	41.
1067	Elizabeth Kerley	Female 50-59	Kerley's Nordic Woodland Walking	1:37:57,0	42.
1068	Rosie Kightley	Female 50-59	Nordic Walking Derbyshire	1:38:16,0	43.
1049	Susan Harrison	Female 40-49	Nordic walking preston	1:38:23,0	44.
1079	Gillian Mason	Female 50-59		1:38:36,0	45.
1060	Susan Johnson	Female 60-69	Kerleys Nordic Walking	1:39:23,0	46.
1016	Jacqueline Blain	Female 60-69	Nordic Walking Lytham St Annes	1:39:31,0	47.
1025	Susan Cross	Female 60-69	Havering Nordic Walkers	1:39:31,0	48.
1120	Clare Taylor	Female 60-69	Lytham St Annes Nordic walking	1:39:33,0	49.
1003	Rachel Amner	Female 40-49	Dalesway Nordic Walking	1:40:08,0	50.
1002	Shenna Aldersley	Female 50-59	Lytham St Annes Nordic walking	1:40:45,0	51.
1002	Jones Ind Addersicy	I chiale 30 33	=7 and in Sertimes Horate Walking	±. +0.+3,0	J±.

Bib	Name	AG	Club	Time	Rank
1035	Sharon Ellis	Female 40-49	St Anne's Stepping Out Club	1:42:01,0	52.
1009	Colleen Atkinson	Female 60-69	Havering Nordic Walkers	1:42:16,0	53.
1124	Jodie Trembles	Female 40-49	Nordic Walking Wyre	1:42:10,0	54.
1089	Angela O'Neill	Female 50-59	Nics Nordic Walks	1:42:25,0	55.
1031	Rebecca Dolan	Female 40-49			56.
1031	John Dolan	Male 50-59	Nordic Walking Lytham St Annes	1:43:26,0 1:43:26,0	57.
			Lytham St Annes Nordic Walking		58.
1121	Jill Taylor	Female 60-69	South Liverpool Nordic Walking	1:44:16,0	
1013	Veronica Bellis	Female 50-59	South Liverpool Nordic Walking	1:44:17,0	59.
1119	Donna Taylor	Female 50-59	No. of the control of	1:44:18,0	60.
1105	George Salmon	Male 60-69	Nordic walking preston	1:45:20,0	61.
1116	Angela Stanworth	Female 50-59	Nordic walking preston	1:45:29,0	62.
1132	Carolyn Wilson	Female 70+		1:45:30,0	63.
1133	Jill Kirkman	Female 50-59		1:45:36,0	64.
1030	Sarah Dobinson	Female 50-59	Nordic walking preston	1:45:41,0	65.
1054	Anne Hignell	Female 50-59		1:46:42,0	67.
1112	Kathleen M Smith	Female 60-69	Kerley's Nordic Woodland Walking	1:46:42,0	66.
1123	Claire Thompson	Female 50-59	Preston Nordic Walking	1:47:58,0	68.
1097	Phillip Reynolds	Male 50-59	Preston Nordic Walking	1:49:32,0	69.
1064	Diane Jones	Female 50-59		1:49:37,0	70.
1028	David Deaville	Male 70+		1:49:52,0	71.
1106	Ruth Saville	Female 50-59		1:49:55,0	72.
1052	Jane Heaney	Female 60-69	Coreconcept Mid Derbys	1:49:57,0	73.
1069	Sue Kinross	Female 60-69	Coreconcept Mid Derbys	1:49:58,0	74.
1018	Dorothy Brayshaw	Female 70+	Nordic Walking Wyre	1:50:06,0	76.
1111	Ann Smith	Female 50-59	Nordic Walking Wyre	1:50:06,0	75.
1108	Lynne Simpson	Female 60-69	Nordic Walking Wyre	1:50:09,0	77.
1073	Liz Lunt	Female 60-69	Feel the fitness	1:55:32,0	78.
1062	Karen Jones	Female 50-59		1:55:33,0	79.
1061	Francesca Jones	Female Open		1:55:49,0	80.
1010	Julie Barnett	Female 40-49	Nordic Nuts	1:56:12,0	81.
1000	Debbie Ainscow	Female 40-49	Nordic Nuts	1:56:15,0	82.
1131	Barbara Williams	Female 50-59		1:56:23,0	83.
1063	Richard Jones	Male 60-69		1:56:24,0	84.
1029	Nigel Dobinson	Male 50-59	Nordic walking preston	1:56:35,0	85.
1036	Sue Fazackerley	Female 50-59	Nordic walking preston	2:01:28,0	86.
1011	Alison Beck	Female 60-69	Coreconcept Mid Derbys	2:04:17,0	87.
1078	Lynn Marston	Female 60-69	Preston Nordic Walking	2:04:18,0	88.
1075	Anne Marie Mackell	Female 60-69		2:05:05,0	89.
1066	Abigail Joynes	Female 40-49		2:05:06,0	91.
1126	Alice Walters	Female 60-69		2:05:06,0	90.
1110	Jacqueline Smith	Female 40-49		2:05:07,0	92.
1077	Karen Mardell	Female 50-59	Coreconcept Mid Derbys	2:05:08,0	93.
1096	Mary Rains	Female 60-69	Nordic Nuts	2:07:32,0	94.
1103	Linda Sainsbury	Female 60-69	Coreconcept Mid Derbys	2:07:36,0	95.
1130	Sheila Wilkinson	Female 60-69	Coreconcept Mid Derbys	2:07:37,0	96.
1092	Sharon Phillipson	Female 40-49	None	2:08:32,0	97.
1095	Ken Quick	Male 60-69	Nordic Nuts	2:08:32,0	98.
1099	Christine Richardson	Female 60-69	Nordic Nuts	2:08:35,0	99.
1017	Glynis Blythe	Female 40-49	Nordic Nuts	2:08:37,0	100.
1021	Ruth Bull	Female 60-69	Nordic Nuts	2:12:18,0	101.
1071	Andrea Lanaghan	Female 50-59	Nordic Nuts	2:12:20,0	102.

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Bib	Name	AG	Club	Time	Rank
1033	Diane Duckworth	Female 60-69	Nordic walking preston	2:15:12,0	103.
1023	Angela Clarke	Female 40-49	Nordic walking preston	2:15:14,0	104.
1072	Christine Lomas	Female 50-59	Nordic walking preston	2:15:14,0	105.
1104	Sheila Salmon	Female 50-59	Nordic walking preston	2:15:14,0	106.
1006	Samantha Armstrong	Female 50-59	Coreconcept Mid Derbys	2:17:34,0	108.
1091	Maggie Phillips	Female 70+		2:17:34,0	107.
1004	Valerie Annis	Female 60-69		2:17:35,0	109.
1065	Robert Joyner	Male Open		2:23:23,0	110.
1019	Rachel Buckley	Female Open		2:23:24,0	111.
1020	Daniel Buckley	Male Open		2:23:25,0	112.
1005	Tony Annis	Male 70+			DNS
1026	Dave Davenport	Male 50-59	Kerleys Nordic Walking		DNS
1047	Susan Guénault	Female 50-59	Nordic walking preston		DNS
1053	Karen Henderson	Female 50-59			DNS
1055	June Holden	Female 70+	Coreconcept Mid Derbys		DNS
1058	Ian Holloway	Male 70+			DNS
1070	Nicola Kirkby	Female 50-59			DNS
1074	Elaine McMillan	Female 50-59			DNS
1076	Maggie Macleod	Female 70+			DNS
1080	John Masson	Male 70+	Nordic Walking Wyre		DNS
1081	Debbie Matin	Female 50-59	No club		DNS
1082	Jenna McDonald	Female Open	Kerley's Nordic Woodland Walking		DNS
1083	Jenny McKay	Female 50-59	South Liverpool Nordic Walking		DNS
1085	Roddy Michelle	Female 40-49	Nordic Walking Wyre		DNS
1086	Gwyn Morgan	Male 60-69	Preston Nordic Walking		DNS
1088	Rosalind O'Driscoll	Female 50-59	Coreconcept Mid Derbys		DNS
1098	Deborah Richardson	Female 60-69	Cannock Chase Nordic Walking		DNS
1102	Mo Sage	Female 50-59	Nordic walking preston		DNS
1113	Linda Smith	Female 60-69	Wyre Nordic Walking		DNS
1117	Gill Swash	Female 60-69	Kerley's Nordic Woodland Walking		DNS
1118	John Swash	Male 60-69	Kerley's Nordic Woodland Walking		DNS
1129	Yvonne Webb	Female 60-69	South Liverpool Nordic Walking		DNS
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