

Grasmere Gallop Nordic Walk Results 2017

Place	Bib	FirstName	LastName	Gender	AG	Club	Time
1	1050	Matthew	Gibbs	m	Male 40-44	Nordic Walking Preston	1:01:14,65
2	1114	Bartosz	Piotrowicz	m	Male 35-39	Nordic Walking Lytham St Annes	1:10:22,23
3	1016	Neil	Bray	m	Male 35-39	Unattached	1:13:17,03
4	1006	Philip	Astley-Jones	m	Male 55-59	Nordic Walking UK	1:17:17,66
5	1029	Alison	Davis	f	Female 55-59	Unattached	1:17:57,46
6	1152	Paula	Waring	f	Female 50-54	Walk2Fitness	1:18:16,55
7	1024	Dave	Cope	m	Male 65-69	Unattached	1:19:04,04
8	1135	Nicola	Sproson	f	Female 45-49	Nic's Nordic Walks	1:19:48,28
9	1052	Sarah	Gray	f	Female 45-49	Unattached	1:20:58,39
10	1105	Steven	Moore	m	Male 60-64	NORDIC WALKING UK	1:21:25,59
11	1097	Isabel	Marsters	f	Female 55-59	Nordic Walking Lytham St Annes	1:21:51,77
12	1143	Paul	Taylor	m	Male 45-49	Nic's Nordic Walks	1:21:57,91
13	1060	Andrew	Harrison	m	Male 40-44	Unattached	1:23:12,54
14	1033	Lambert	Dopping-Hepenstal	m	Male 65-69	Unattached	1:23:14,17
15	1146	Sarah	Tompkins	f	Female 60-64	NWUK	1:25:01,41
16	1092	Sue	Livock	f	Female 60-64	NWUK	1:25:01,98
17	1113	Heidi	Parkinson	f	Female 45-49	Unattached	1:25:18,25
18	1023	David	Cooper	m	Male 50-54	Havering Nordic Walkers	1:25:27,53
19	1086	Fay	Lakin	f	Female 35-39	Nics Nordic Walks	1:25:29,36
20	1035	Eleanor	Duffin	f	Female 45-49	Unattached	1:25:46,72
21	1102	Graeme	McRobbie	m	Male 35-39	Nics Nordic Walking	1:26:05,56
22	1048	Julie	Gardner	f	Female 55-59	Unattached	1:26:39,87
23	1118	Sue	Rennie	f	Female 45-49	Nics Nordic Walks	1:27:34,46
24	1028	Gary	Davis	m	Male 55-59	Unattached	1:28:29,61
25	1142	Shona	Taylor	f	Female 45-49	Nic's Nordic Walks	1:28:47,37
26	1073	Clare	Houlihan	f	Female 50-54	Nic's Nordic Walks	1:28:48,31
27	1084	Jolanta	Kowalewska-Zietek	f	Female 55-59	Nordic walking UK	1:28:56,48
28	1075	Lorna	Hutchinson	f	Female 55-59	Havering Nordic Walkers	1:28:57,57
29	1120	Rosalind	Ridings	f	Female 55-59	Unattached	1:29:11,05
30	1144	Kate	Thomas	f	Female 50-54	Nic's Nordic Walks	1:29:14,03
31	1088	Robert	Lennox	m	Male 60-64	Unattached	1:29:16,67
32	1076	Joanna	Ireland	f	Female 45-49	Nics Nordic Walks	1:29:52,05
33	1054	Ronald	Green	m	Male 60-64	Havering Nordic Walkers	1:29:53,01
34	1047	Fernley	Flintoff	m	Male 70+	Lytham Nordic Walking	1:30:13,25
35	1026	Christine	Cutts	f	Female 65-69	Unattached	1:30:23,66
36	1037	David	Elsender	m	Male 70+	Nics Nordic Walkers	1:30:25,02
37	1154	Liz	Wilding	f	Female 45-49	Unattached	1:30:31,00
38	1145	Marie	Tomasso	f	Female 45-49	Nordic Walking Saddleworth	1:30:45,54
39	1094	Amanda	Longden	f	Female 50-54	Nordic Walking Saddleworth	1:30:57,74
40	1077	Angela	Jeffrey	f	Female 55-59	Unattached	1:31:09,64
41	1043	Gillian	Finn	f	Female 50-54	Nordic Walking Preston	1:31:38,05
42	1059	John	Hare	m	Male 70+	Unattached	1:31:46,01
43	1013	Deborah	Bevis	f	Female 60-64	Lytham St Annes Nordic walking group	1:32:09,98
44	1005	Yvonne	Astley-Jones	f	Female 55-59	Nordic Walking UK	1:32:18,78
45	1107	Bernadette	Murray	f	Female 55-59	Lytham St Annes Nordic Walking	1:32:18,98
46	1150	Kathryn	Ward	f	Female 50-54	Nordic Walking Wyre	1:32:49,35
47	1134	Gabriella	Spedding	f	Female 45-49	Loose Moose Nordic Walking	1:33:08,25
48	1156	Kay	Woollas	m	Male 50-54	Loose Moose Nordic Walking	1:33:09,34
49	1098	Liz	Mcgrath	f	Female 50-54	1000 Friends Nordic Walking Preston	1:33:37,73

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50	1068	June	Holden	f	Female 70+	Coreconcept Nordic Walking Mid Derby	1:33:38,75
51	1001	Martin	Ainscow	m	Male 45-49	Unattached	1:33:56,93
52	1089	Carol	Lewis	f	Female 55-59	Other - Nic's Nordic walks	1:34:19,61
53	1127	Ann	Smith	f	Female 50-54	Nordic Walking Wyre	1:34:47,52
54	1082	Elizabeth	Kerley	f	Female 55-59	Team NWUK	1:36:15,90
55	1062	David	Harrison	m	Male 60-64	Latham St Anne's Nordic walking	1:36:35,32
56	1108	Melvin	Newell	m	Male 65-69	nordic walking uk	1:36:59,54
57	1034	Diane	Duckworth	f	Female 55-59	Nordic Walking Preston	1:37:16,14
58	1055	Michele	Hall	f	Female 60-64	Lytham St. Annes RRC	1:37:44,38
59	1129	John	Smith	m	Male 60-64	Dunfermline Nordic Walkers Group	1:38:28,43
60	1153	Ruth	Warwick	f	Female 50-54	Unattached	1:38:40,29
61	1010	David	Bayliss	m	Male 50-54	Saddleworth Nordic Walking	1:38:51,53
62	1148	Linda	Turner	f	Female 50-54	Unattached	1:39:33,60
63	1139	Sarah	Swindells	f	Female 45-49	Unattached	1:39:35,05
64	1031	Helen	Dixon	f	Female 45-49	Nic's Nordic Walks	1:39:46,47
65	1070	Kenneth	Holland	m	Male 60-64	Havering Nordic Walkers	1:39:52,24
66	1056	Stephen	Hall	m	Male 60-64	Unattached	1:39:58,60
67	1085	Patricia	Krus	f	Female 45-49	Dunfermline Nordic Walkers	1:39:59,07
68	1103	Rachael	McRobbie	f	Female 30-34	Nics Nordic Walking	1:40:00,91
69	1069	Nancy	Holland	f	Female 65-69	Havering Nordic Walkers	1:40:10,28
70	1061	Susan	Harrison	f	Female 40-44	Unattached	1:41:16,01
71	1025	Kathleen	Cunningham	f	Female 50-54	Stepping Out St Annes	1:41:27,10
72	1036	Sharon	Ellis	f	Female 45-49	Stepping Out St Annes	1:41:27,59
73	1009	Julie	Barnett	f	Female 45-49	Unattached	1:41:42,41
74	1110	Russell	Nolan	m	Male 50-54	Unattached	1:41:45,93
75	1017	Irene	Brown	f	Female 50-54	Nordic Walking Preston	1:41:51,81
76	1141	Louise	Taylor	f	Female 50-54	Preston Nordic walking	1:41:53,85
77	1000	Christine	Abbott	f	Female 60-64	Unattached	1:42:00,05
78	1090	Andrew	Littlewood	m	Male 50-54	Unattached	1:42:21,30
79	1072	John	Hopkins	m	Male 70+	Unattached	1:42:21,69
80	1002	Debbie	Ainscow	f	Female 45-49	Unattached	1:42:26,77
81	1137	John	Swash	m	Male 65-69	Frodsham	1:42:28,99
82	1066	Anne	Hignell	f	Female 55-59	Unattached	1:42:30,25
83	1078	Susan	Johnson	f	Female 60-64	Kerley's Nordic Walking	1:43:05,78
84	1124	Annie	Shadrake	f	Female 55-59	Unattached	1:43:06,59
85	1147	Jodie	Trembles	f	Female 40-44	Nordic Walking Wyre	1:43:15,71
86	1058	Vicki	Hanley	f	Female 45-49	Nordic Walking Preston	1:43:20,99
87	1112	Angela	O'Neill	f	Female 55-59	Unattached	1:43:38,18
88	1015	Alan	Bottomley	m	Male 65-69	Unattached	1:44:30,44
89	1091	Gill	Littlewood	f	Female 50-54	Unattached	1:45:24,42
90	1138	Gill	Swash	f	Female 60-64	Frodsham	1:45:24,56
91	1155	Carolyn	Wilson	f	Female 70+	Unattached	1:46:07,28
92	1030	David	Deaville	m	Male 70+	Unattached	1:47:08,04
93	1020	Bryanna	Collier	f	Female 40-44	Nordic Walking Uk - Preston	1:47:18,15
94	1136	Angela	Stanworth	f	Female 50-54	Nordic Walking Preston	1:48:00,01
95	1007	Sandra	Bagwell	f	Female 55-59	Nordic Walking Preston	1:48:02,22
96	1109	Bryan	Nicholson	m	Male 60-64	Unattached	1:48:21,87
97	1093	Christine	Lomas	f	Female 55-59	Preston Nordic Walking	1:49:22,82
98	1104	Lisa	Megson	f	Female 45-49	Unattached	1:49:51,27
99	1125	Lynne	Simpson	f	Female 65-69	Unattached	1:51:21,86

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100	1008	Stephanie	Banks	f	Female 60-64	Nordic Walking Saddleworth	1:55:08,45
101	1012	Moira	Bentley	f	Female 60-64	Unattached	1:56:09,39
102	1003	Barbara	Aldridge	f	Female 60-64	Nordic Walking Preston	1:57:18,50
103	1117	Mark	Quigley	m	Male 45-49	Nordic Walking Saddleworth	1:57:55,51
104	1122	Ruth	Saville	f	Female 50-54	Edinburgh Nordic Walking	1:59:39,10
105	1199	Sarah	Gray	f	Female 35-39		1:58:58,21
106	1064	Irene	Hartley	f	Female 65-69	Unattached	2:00:12,11
107	1131	Jacqueline	Smith	f	Female 45-49	Unattached	2:00:22,39
108	1119	Christine	Richardson	f	Female 55-59	Unattached	2:00:23,85
109	1019	Patricia	Cockburn	f	Female 55-59	TEAM NWUK	2:00:24,62
110	1116	Christine	Povey	f	Female 65-69	Unattached	2:00:26,17
111	1045	Jane	Fitzgerald	f	Female 55-59	Nordic Walking Preston	2:01:40,46
112	1049	Heather	Gibbins	f	Female 50-54	Unattached	2:01:40,50
113	1149	Dawn	Turner	f	Female 45-49	Unattached	2:06:03,93
114	1106	Evelyn	Munro	f	Female 70+	Lytham St. Annes Nordic Walking	2:06:04,88
115	1004	Steve	Anderson	m	Male 50-54	Unattached	2:06:12,62
116	1014	Glynis	Blythe	f	Female 45-49	Unattached	2:06:12,80
117	1132	Janette	Smith	f	Female 55-59	Nordic Walking Preston	2:06:13,26
118	1087	Valerie	Lawrenson	f	Female 55-59	UKA	2:06:13,39
119	1040	Sue	Fazackerley	f	Female 55-59	Preston Nordic Walkers	2:06:21,21
120	1080	Abigail	Joynes	f	Female 40-44	Unattached	2:08:21,01
121	1126	Morna	Sloan	f	Female 65-69	Nordic Walking Edinburgh	2:08:30,27
122	1111	Asha	Nuin	f	Female 50-54	Unattached	2:08:38,75
123	1022	Dean	Conquer	m	Male 45-49	Unattached	2:10:31,82
124	1021	Sharon	Conquer	f	Female 45-49	Sandhurst Joggers	2:10:32,20
125	1032	Stephanie	Donaldson	f	Female 45-49	Nordic walking Preston	2:10:46,02
126	1057	Janice	Halsall	f	Female 60-64	Unattached	2:11:09,03
127	1079	Trevor	Jones	m	Male 60-64	Nordic Walking Edinburgh	2:12:37,85
128	1133	Rhona	Smyth	f	Female 50-54	Edinburgh Nordic walking group	2:12:38,71
129	1123	Patricia	Scotland	f	Female 60-64	Nordic Walking Edinburgh	2:13:49,92
130	1157	Pamela	Wowk	f	Female 60-64	Core Concept	2:14:24,90
131	1128	Kathleen M	Smith	f	Female 65-69	Unattached	2:14:25,15
132	1101	Elaine	McMillan	f	Female 50-54	Nordic Walking Preston	2:23:01,48
133	1074	Ruby	Hughes	f	Female 65-69	Unattached	2:32:05,91
134	1100	Ann	McKinsley	f	Female 65-69	Dunfermline Nordic Walkers Group	2:32:06,19
135	1130	Mary	Smith	f	Female 55-59	Dunfermline Nordic Walkers Group	2:32:06,27
136	1096	Kate	Malcolm	f	Female 70+	Dunfermline Nordic Walkers Group	2:32:08,15
	1011	Rachel	Bean	f	Female 45-49	Unattached	
	1018	Angela	Clarke	f	Female 40-44	UKA	
	1027	Dave	Davenport	m	Male 50-54	Kerleys Nordic Walking	
	1039	Steven	Etherington	m	Male 45-49	Nordic Walking Preston	
	1038	Tracy	Etherington	f	Female 45-49	Nordic Walking Preston	
	1041	Kate	Fieldhouse	f	Female 45-49	Nic's Nordic Walks	
	1042	Christine	Fildes	f	Female 55-59	Nics Nordic walks	
	1044	Caroline	Fisher	f	Female 45-49	Nordic Walking Saddleworth	
	1046	Pat	Flanagan	f	Female 65-69	Unattached	
	1051	Lenka	Gibbs	f	Female 40-44	Nordic Walking Preston	
	1063	Janet	Harrison	f	Female 60-64	Unattached	
	1065	Jo	Heeley	f	Female 60-64	Nics Nordic Walks	
	1067	Olwen	Hiron jones	f	Female 30-34	Core concept nordic walking derby	

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1071	Ian	Holloway	m	Male 70+	Unattached	
1081	John	Kenning	m	Male 70+	Lytham Nordic Walking	
1083	Jill	Kirkman	f	Female 50-54	TEAM NWUK	
1095	Jacqui	Madden	f	Female 55-59	Nordic Walking Saddleworth	
1099	Jenny	McKay	f	Female 45-49	Unattached	
1115	Shirley	Porter	f	Female 45-49	Nidd Valley Road Runners	
1121	Gill	Robinson	f	Female 45-49	nordic walking preston	
1140	Jacqueline	Tame	f	Female 55-59	Unattached	
1151	Elizabeth	Ware	f	Female 45-49	Nics Nordic Walks	